

### CWC CELEBRATES 35 YEARS OF SERVICE

Charlotte White was a state representative from Guilford, who served in our State Legislature 35 years ago. In 1979, Charlotte made it possible to open a Day Program serving fifteen consumers and employing four staff. We have grown into the largest social service agency headquartered in Piscataquis County, providing an array of programs and services to over 1,200 people each year and employs approximately 480 staff.

We serve five counties with offices located in Bangor, Dover-Foxcroft and Waterville.

### SPRING AND SUMMER 2014 WERE FUN-FILLED



#### CWC ATHLETES PARTICIPATED IN SPECIAL OLYMPICS

In June, CWC athletes competed in Special Olympics Track and Field events at UMaine, Orono. Uniformed in matching neon yellow t-shirts, the team had great fun competing, meeting new people, developing skills and enjoying the sunshine. Special Olympics holds regional events year round. See their website:

[www.specialolympicsmaine.org](http://www.specialolympicsmaine.org)

CWC athletes participate in Special Olympics through donations and fund-raising for CWC Angels. To find out how you can help, contact Kathy Doore at 564-2464

[kathy.doore@charlottewhite.org](mailto:kathy.doore@charlottewhite.org)

#### PISCATAQUIS HERITAGE HOT AIR BALLOON FESTIVAL

We had a BLAST!

CWC sold lemonade that nine consumers prepared and served to more than 350 customers.

Thank you to our Sponsors:

A.E. Robinson's, Goulette's IGA, Mayo Regional Hospital, McKusick Petroleum!



Thank you to all our wonderful Sponsors who helped make our 2014 events successful!



#### CWC GARDENS

Our Day Program, several Residential Programs, and the field behind our administrative office produced gardens this summer that provided fresh produce for more than 100 consumers, staff and household members. We grew more than 400 pounds of produce. Day Program consumers enjoyed cooking lessons and eating garden-grown vegetables they had never tasted before. **Four volunteers provided more than 30 hours of help in the agency garden. Bill is one of our most dedicated and skilled gardeners who volunteered in both the agency and Day Program gardens.** He is learning basic business skills, and sold vegetables he grew in his own garden to earn money for purchasing tools and supplies for his garden next year. We look forward to continuing to improve our gardens and gardening skills next year. **Thank you to Pat Bears, Food AND Medicine, University of Maine Cooperative Extension in Piscataquis and Penobscot Counties, Mary Betts of Snowbrook Gardens and Perennials in Parkman, Gleason Gray of C & G Greenhouse in Penobscot, and Black Bear Food Co-op for the vegetable seedlings, seeds and seed potatoes and to Bangor Walmart for a \$250 grant.**

## CWC WELCOMES NEW BOARD MEMBERS

**Our veteran board members**, Mary Louise McEwen, *President*, Cindy Freeman Cyr, *Vice-President*, David Green, *Secretary and Treasurer*; Dr. Roger Wilson and Richard Brown, all **welcome our newest board members**, Allen Stehle, Terry Wasti, Stephen Rich, Nat Putnam, Craig Anthony and Charlie Newton. Our board is prepared to lead CWC into its next 35 years of service to our community.



## WAYS YOU CAN HELP

Want to learn more about donating to CWC? Financial gifts, household items, gift cards, Planned Giving, and volunteering are all greatly needed. To find out how you can help, contact Lisa Adkins at 207-564-2464 ext. 104 or e-mail at [ladkins@charlottewhite.org](mailto:ladkins@charlottewhite.org) or visit our website: [www.charlottewhitecenter.com](http://www.charlottewhitecenter.com).

**Thank you for your valued support!**

## PISCATAQUIS THRIVING IN PLACE (TiP) COLLABORATIVE

CWC was awarded a three-year grant from the Maine Health Access Foundation (MeHAF) to support the Piscataquis County TiP Collaborative to improve services and supports that help individuals with chronic health conditions avoid hospitalization and other forms of institutional care. The Piscataquis County TiP Collaborative is comprised of over twenty-five individuals and organizations in the region.

Meg Callaway, Integrated Health and Senior Services Coordinator at CWC, has led this communitywide effort with the support of a first year planning grant from MeHAF. The three-year implementation grant award is for three hundred thousand dollars and will be shared with several key partners, including the University of Maine Center on Aging, Community Health and Counseling Services, the Maine Highlands Senior Center, Jack Does That, Pine Tree Hospice, and the University of Maine Center for Community Inclusion.

## LEST WE FORGET

In April, three CWC Day Program artists attended the Hall of Flags in Augusta to display their artwork in celebration of the 18th anniversary of the closure of the Pineland Center in Pownal.



"Blueberries" by Joshua Shuman

## MAINE COMMUNITY FOUNDATION PISCATAQUIS COUNTY GRANT

CWC received a grant from the Maine Community Foundation (MCF) Piscataquis County Fund to help train our direct care staff in using an electronic health record software system (EHR). Our staff will gain technology skills required for working in today's world of healthcare.

CWC selected ClaimTrak EHR, a nationally ranked records software system that promotes accurate, well-organized record-keeping. ClaimTrak will allow CWC to take another step toward sustaining the delivery of high quality services with improved efficiency.

CWC is participating in **HEALTHINFONET'S MAINE STATE INNOVATION MODEL TESTING GRANT**, to improve coordination, integration and quality of care to consumers of mental health services by establishing connectivity between behavioral health and medical care providers.

## CWC DAY PROGRAM VARIETY SHOW

Twenty-one consumers of the afternoon Day Program spent months practicing for a fun-filled Variety Show for friends, family and staff. Their teamwork and camaraderie were amazing!

